

If you have to call 9-1-1 for an Ambulance, it's important to know this information!

Fill out this page with your family and keep it somewhere easy to see and grab in case of emergency. It's important to not only know your address, but the names of other places you go in case an emergency happens there (like parks, arenas, and shopping malls). On the back of this paper, you can write important family medical information. Include details such as Health-card numbers, medications being taken, Medical History, Family Doctor information, and emergency contact numbers.

My name is:

I live with (list their names):

My address is:

My school is:

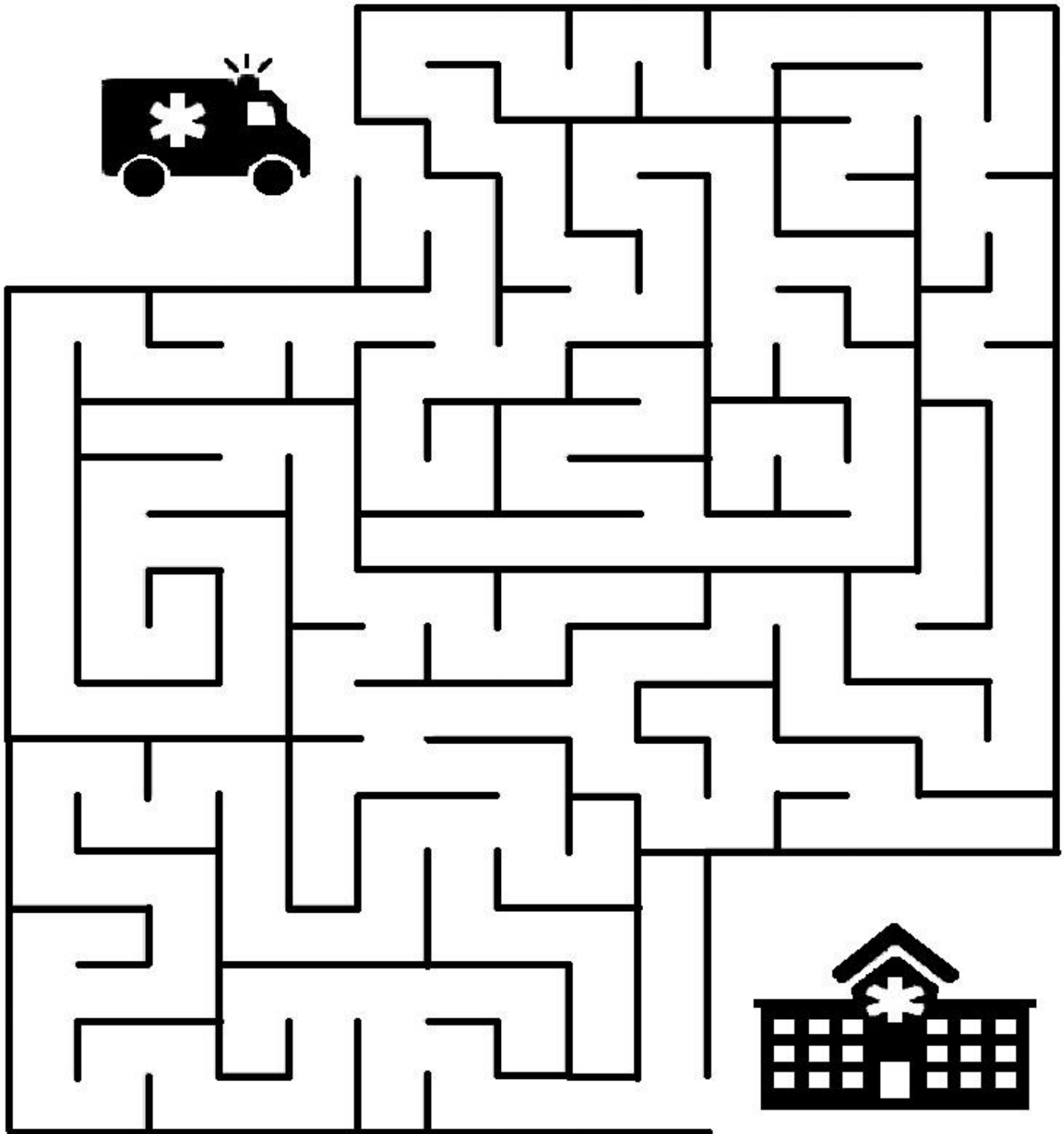
Other places I spend a lot of time at:

My phone number(s):

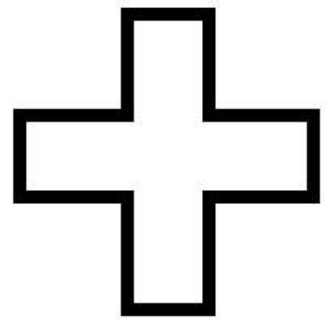
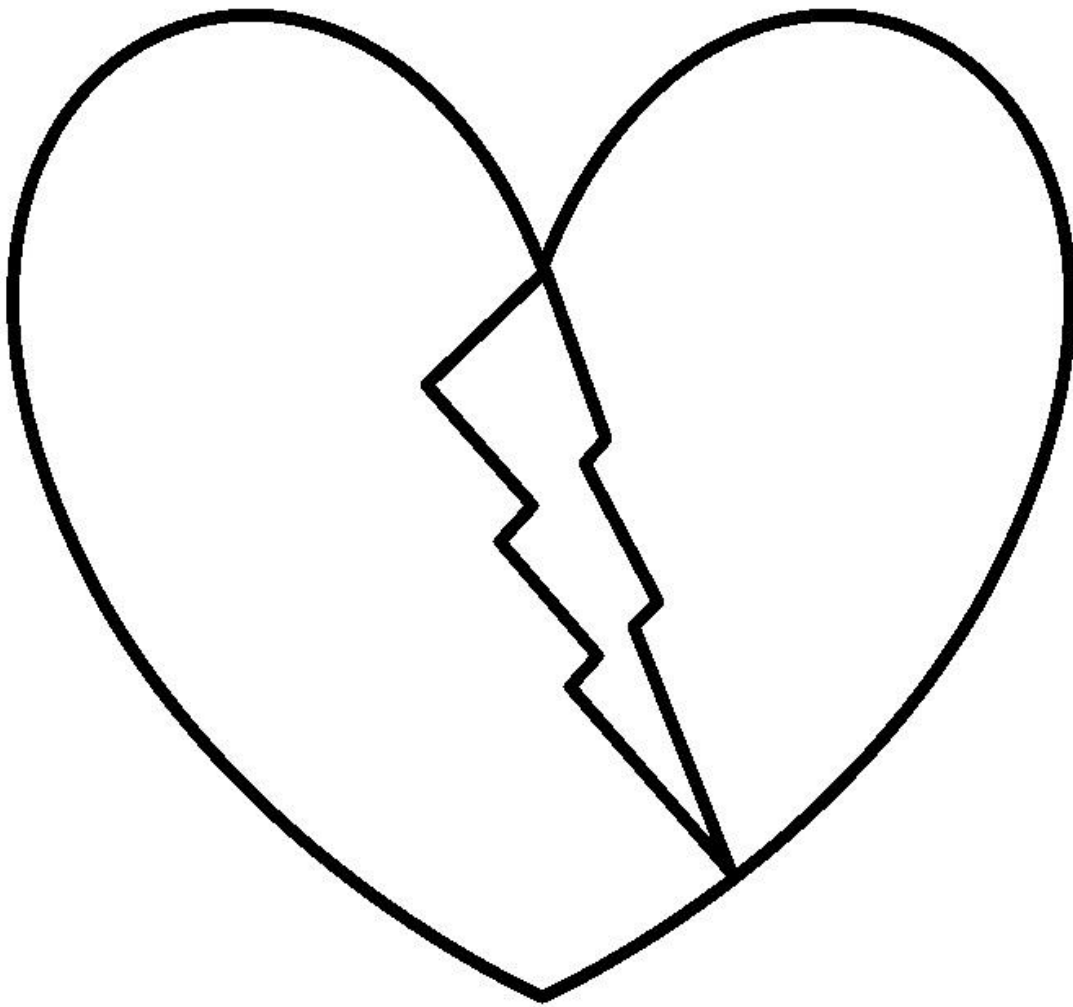
Before the Paramedics arrive, try to do these things!

- ✓ **Unlock the door**
- ✓ **Put away any pets**
- ✓ **Turn on the outside lights**
- ✓ **Stay with the patient and watch for any changes**

Help the Ambulance find its way to the Hospital!

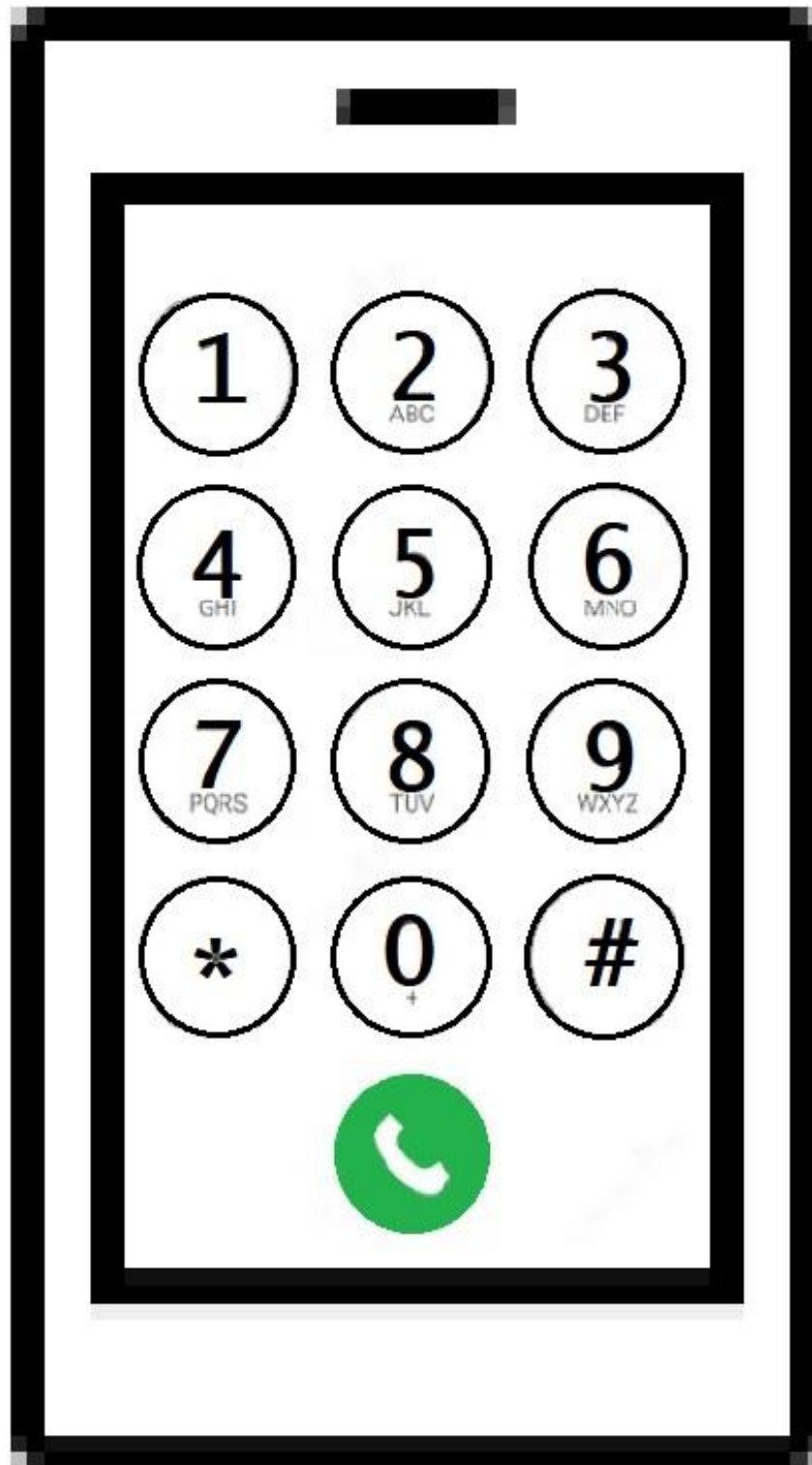


This is the symbol for an AED, a machine that can help fix someone's heart if it isn't working properly. You might see this symbol on a door, box or case to show you where the AED is kept. This symbol might be green, red, yellow, or blue. Pick your favourite crayon and fill in the heart with any colour you like!



Do you remember what number to call in case of emergency?

Write the number down and circle the buttons on the phone:



Did you know that a bunch of different people might come to help when you call 9-1-1? Match the Responders up with the Vehicle they drive!

